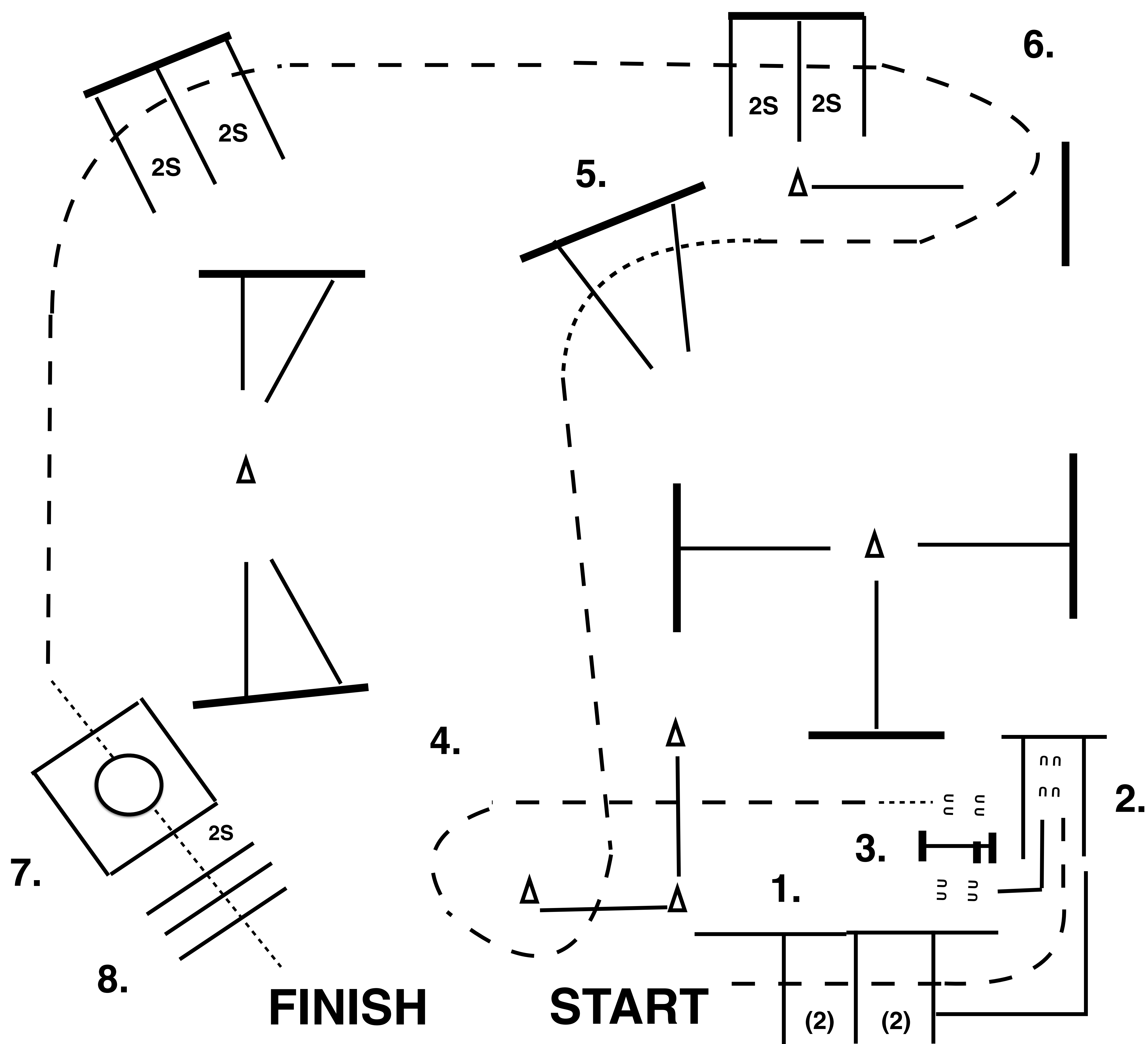


FRIDAY

PHCI TRAIL IN HAND



1. JOG OVER POLES, JOG INTO CHUTE
2. BACK AROUND CORNER UP TO GATE.
3. WORK GATE LEFT HAND, OPEN RIDE THROUGH AND CLOSE GATE..
4. YOU MAY WALK FORWARD, THEN JOG OVER POLES, JOG AROUND CONES.
5. STOP OR BREAK TO THE WALK, WALK OVER POLES.
6. JOG OVER POLES.
7. STOP OR BREAK TO THE WALK
WALK INTO BOX, EXECUTE 360 TURN RIGHT, WALK OUT BOX.
8. WALK OVER POLES.